

Elementary and Secondary School Emergency Relief (ESSER) AMERICAN RESCUE PLAN (ARP)

Health and Safety Plan Summary: Carson Valley Children's Aid Montgomery County Community Homes – 210 Chestnut Street

Initial Effective Date: 8/24/21

Date of Last Review: 5/12/22

Date of Last Revision 5/12/22

How will the LEA, to the greatest extent practicable, support prevention and mitigation policies in line with the most up-to-date guidance from the CDC for the reopening and operation of school facilities in order to continuously and safely open and operate schools for in-person learning?

Prevention

- The Purchasing Department will supply all Community Homes with disinfecting wipes and sprays as well as alcohol-based hand sanitizers.
 - Staff shall be reminded that they are responsible for disinfecting assigned work-spaces daily.
- Professional Parents shall disinfect high touch surfaces in common areas. High touch surfaces include, but are not limited to, light switches, doorknobs, faucets, keyboards, tablets and hallway banisters.

Mitigation

- Staff who suspect that a youth has been exposed to or is infected with COVID-19 will isolate the individual in their bedroom or in the designated room in the home and contact the Director of Community Placement Services for direction.
 - The Director of Community Placement Services or designee shall contact the youth's primary care physician (PCP) for direction. The doctor's recommendations shall be adhered to.
 - If the PCP cannot be reached the emergency room (ER) shall be contacted.
 - The PCP and/or emergency room shall coordinate efforts with the Department of Health.

How will the LEA ensure continuity of services, including but not limited to services to address the students' academic needs, and students' and staff members' social,

emotional, mental health, and other needs, which may include student health and food services?

Youth who are experiencing academic problems receive support in the form of tutoring and if the youth is failing, then an Academic Progress Improvement Plan is developed; the plan identifies challenges and steps to improve the youth’s academic performance.

Community Homes’ youth participate in weekly Adolescent Support Groups. The groups are facilitated by the LSC and take place at assigned Community Homes. Group sessions revolve around life skill development, i.e., nutrition, hygiene, banking, sexual development, safe sex practices, finances, job development, social and personal relationships, and education. Youth participate in activities and discussion as it relates to the topic area. Groups can be provided via zoom to facilitate social distancing.

Counseling is recommended for youth who need support to ensure a stable mental health. Mental health services are available via Telehealth and in person as needed. Staff are encouraged to create a self-care regime for themselves.

Use the table below to explain how the LEA will maintain the health and safety of students, educators, and other staff and the extent to which it has adopted policies, and a description of any such policy on each of the following safety recommendations established by the CDC.

ARP ESSER Requirement	Strategies, Policies, and Procedures
<ul style="list-style-type: none"> • Universal and correct wearing of <u>masks</u>; 	<ul style="list-style-type: none"> • Staff and youth are to properly wear masks when outside of the Community Home. All visitors to the Community Home are required to wear a mask.
<ul style="list-style-type: none"> • Modifying facilities to allow for <u>physical distancing</u> (e.g., use of cohorts/podding); 	<ul style="list-style-type: none"> • There are no more than four youth residing in the home with a Professional Parent. Households are encouraged to keep physical distance when interacting with one another.
<ul style="list-style-type: none"> • <u>Handwashing and respiratory etiquette</u>; 	<ul style="list-style-type: none"> • Signage regarding steps to reduce the spread of germs shall be posted throughout the Community Home. Steps to reduce the spread of germs include, but are not limited to: <ol style="list-style-type: none"> a. Washing hands often with soap and water for at least 20 seconds b. Avoiding touching eyes, noses and mouths c. Covering mouths and noses with a tissue or elbow when coughing and/or sneezing.
<ul style="list-style-type: none"> • <u>Cleaning and maintaining healthy facilities, including improving ventilation</u>; 	<ul style="list-style-type: none"> • Professional Parents shall disinfect high touch surfaces in common areas. High touch surfaces include, but are not limited to, light switches, doorknobs, faucets, keyboards, tabletops and hallway banisters.

ARP ESSER Requirement	Strategies, Policies, and Procedures
<ul style="list-style-type: none"> • <u>Contact tracing</u> in combination with <u>isolation</u> and <u>quarantine</u>, in collaboration with the State and local health departments; 	<ul style="list-style-type: none"> • Staff who suspect that they have been exposed to or are infected with COVID-19 will contact their primary care physician and notify the Director of Community Placement Services immediately. <ul style="list-style-type: none"> a. The Director of Community Placement Services and Assistant Director of Community Homes will coordinate respite coverage for the home if the Professional Parent's doctor indicates that the parent needs to be isolated or quarantined. b. Parent Supervisors shall contact the primary care physicians of the youth placed in the home for direction. The doctor's recommendations will be adhered to. • Staff who test positive for COVID-19 shall notify their supervisor immediately and submit a copy of their test results to cvdtest@cvca-pa.org. The Sr. Director of Administration, Quality and Compliance or designee shall reach out to the employee to determine close contacts and make notifications as needed. • Youth who have close contact with someone outside of the Community Home who tests positive for COVID-19 shall receive a PCR test 72 hours after exposure and shall quarantine in their bedroom until the results of the test are received. • Youth who test positive for COVID-19 shall isolate in their bedroom for 10 days. The Professional Parent shall bring food, school work etc. to the youth in their room until the end of the isolation period.
<ul style="list-style-type: none"> • <u>Diagnostic</u> and screening testing; 	<ul style="list-style-type: none"> • If staff or youth have COVID symptoms, they will be tested and shall quarantine until the results of the test are received. • Youths shall be tested prior admission <ul style="list-style-type: none"> a. If testing is not available at the youth's current location, the youth may be tested at PHMC's Federally Qualified Health Center. Testing instructions follow b. It is expected that the youth be quarantined while awaiting the test results

ARP ESSER Requirement	Strategies, Policies, and Procedures
	<ul style="list-style-type: none"> i. If COVID-19 negative, youth will be admitted and transitioned into the general CVCA RTF/RC milieu • If COVID-19 positive, youth will not be admitted, and youth will need to be isolated at current placement and retested prior to CVCA admission
<ul style="list-style-type: none"> • Efforts to provide <u>vaccinations to school communities</u>; 	<ul style="list-style-type: none"> • CVCA’s vaccination policy requires all staff to be fully vaccinated and to obtain booster shots when eligible to do so. CVCA’s human resources office is responsible for tracking staff vaccinations. • Through ongoing meetings, youth are encouraged to get vaccinated and to receive the booster when eligible. The youth served will also be encouraged to be vaccinated and receive the booster.
<ul style="list-style-type: none"> • Appropriate accommodations for students with disabilities with respect to health and safety policies; and 	<ul style="list-style-type: none"> • Each youth within the Community Home has an Individual Service Plan that outlines accommodations to CVCA’s health and safety policies when needed.
<ul style="list-style-type: none"> • Coordination with state and local health officials. 	<ul style="list-style-type: none"> • COVID cases are reported to the local and state health officials by the Senior Director, Administration, Quality and Compliance.

Health and Safety Plan Governing Body Affirmation Statement

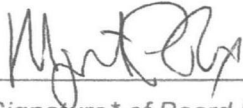
The Board of Directors/Trustees for **Carson Valley Children's Aid** reviewed and approved the Health and Safety Plan on 6/27/22

The plan was approved by a vote of:

Yes
 No

Affirmed on:

By:



(Signature of Board President)*

Margaret Rux

(Print Name of Board President)

*Electronic signatures on this document are acceptable using one of the two methods detailed below.

Option A: The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

Option B: If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.